

GATHERING PERSPECTIVES

Inspiration, networking and discussion

Tower Mill, [Heart of Hawick](#), Thursday 10th February 2022, 10am-1.30pm

(followed by networking lunch to 2.30pm)



Gathering Perspectives is a CABN event for creative practitioners working (or seeking to work) with groups, communities, or in healthcare settings and aims to support their professional development through a mix of inspiring presentations, discussions and networking opportunities.

EVENT RUNNING ORDER

9.30-10.00 **Arrival, Registration, Teas and Coffees [Auditorium]**

10.00-10.15 **WELCOME & INTROS**

Mary Morrison, Leader, Creative Arts Business Network, Live Borders

Lara Greene, Artist, CABN Advocate, Transform Arts CIC

10.15-11.15 **KEYNOTE PRESENTATIONS and Q&As**

10.15-10.30 **PRESENTATION 1: Reflecting on a continuum of practice**

Steph Mackenzie (*Mental Health Improvement Specialist, Joint Health Improvement Team NHS Borders/Scottish Borders Council*)

Clare Gillespie (*Lead Music Therapist, NHS Borders, Lecturer Queen Margaret University - Division of Occupational Health and Art Therapies*)

Steph and Clare will discuss roles across a spectrum of involvement considering the difference between working in a therapeutic context and supporting therapeutic benefits. They will also talk about the National Context, including the Mental Health Foundation – and how to connect with support available through its new Arts Network.

10.30-10.45 **PRESENTATION 2: Caring, Creativity & Collaboration**

Lara Armitage (*Director, At Birkhill House CIC*)

Lara Armitage, Director At Birkhill House CIC, will speak about her partnership work with mental health support services and the "Strength in Numbers" community project, which took place in the summer of 2020. Lara has built up a wide ranging skill set and developed strong collaborations with organisations in the area in order to increase the impact of her work. At Birkhill House CIC also supports people through volunteering.

At Birkhill House CIC is a social enterprise. It is an animal assisted activity and crafting centre near Earlston that aims to improve mental health in the Scottish Borders.

10.45-11.00 **PRESENTATION 3: Sweet Sounds in Wild Places – A partnership between Scottish Opera, The Abbotsford Trust & Live Borders**

Jane Davidson MBE (*Director of Education and Outreach at Scottish Opera Production Studios*)

Iain Piercy (*artist specialising in illustration and multi-media film and video work*)

This community project used music, creative writing, film and photography to inspire those identifying as female, who have faced particular challenges during the past two years as a result of COVID 19 social restrictions, to unlock their own creativity. The primary artistic sources, included Sir Walter Scott's novel **The Bride of Lammermoor** and **Gaetano Donizetti's opera Lucia di Lammermoor**, as the stimuli for a series of weekly workshops exploring issues such as loneliness, coercive control, isolation and lack of empowerment, as well as considering the impact, for good and bad, that landscape and environment can have on our mental health and well-being.

11.15-11.45 **Coffee Break [Auditorium]**

11.45 **Come together, allocation and move to Breakout Rooms**

11.50-12.30 **BREAKOUT SESSIONS: Q&As and discussion**

BREAKOUT SESSION 1 [Auditorium – hybrid]

Artists on the front line: Wellbeing for creative practitioners - Looking after our own mental health.

Facilitators: Steph Mackenzie & Mary Morrison

BREAKOUT SESSION 2 [Room 202]

How can we deliver the arts in ways that can be therapeutically beneficial to those who need the support?

Facilitators: Lara Armitage & Joanna Highet, Health in Mind. Claire Gillespie supporting.

BREAKOUT SESSION 3 [Room 302]

Making Your Mark; creating classical art in collaboration with inexperienced participants encourages artistic aspiration & creative development in everyone.

Facilitators: Jane Davidson MBE & Iain Piercy

BREAKOUT SESSION 4 [Room 304]

Creativity as a tool to support Young People's well-being and development. Developing collaboration and gaining funding. Tackling equality and diversity of access.

Susan Hunter (Youth Borders), Lara Greene (Transform Arts CIC)

**Note - Breakout Room locations may change depending on numbers booked in to them. Sign up for Breakout Rooms will be at Registration and over the morning Coffee Break.*

11.50-12.30 **AUDITORIUM: Feed back from Breakout Sessions and Panel Discussion**

Facilitators feed back key points from Breakout Sessions.
Follow on discussion with panel.

Consider over arching questions:

- What is happening now?
- Where do we think the gaps are in activity or provision?
- Actions to take forward?
- Who do we need to work with?

SUMMING UP & FINAL THANK YOUS

Lara Greene, Mary Morrison

1.30-2.30pm **Lunch [Auditorium]**



Map to Heart of Hawick

If you are unable to attend in person please follow this [Zoom link](#) to watch the Presentations.

CABN is part of Live Borders Arts & Creativity and is supported by Creative Scotland



